

December - Step 12 Work : *"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs".*

Read this page every morning and carry your card each day, looking at it whenever the wrong Committee Member starts running the show, that's your chance to tell the sicko to sit down & put a cool dude in charge. Hand out copies of these cards with your name and number to newcomers. Make a concerted effort to carry the message this month.

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?

THE SICKOS	THE COOL DUDES
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much

PLAN FOR THE DAY

WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

MY COMMITTEE - WHO'S RUNNIN' THE SHOW?		
THE SICKOS	THE COOL DUDES	
The Gossip "Let's Talk About Him"	Keep the Focus on Me/Us	The Being of Service Dude
The Liar/Cheater/Thief "Screw 'em all"	Honesty in all my Affairs	
Selfish Righteous Know-It-All "I Want What I Want"	Give & Let others be right	
The Cynic/Skeptic "Don't Trust Anyone or Anything"	The Open & Accepting Dude Stop Practicing Contempt Prior to Investigation	
The Lonely/Attention Needing Guy	The Spiritual Dude Trust & Talk to H.P	
The Resentful/Angry/Punishing Guy	Forgiving Guy Write a Forgiveness Letter	
The Lazy Procrastinator Guy "I'll Do It Later"	The Hard Worker Feel Better- Do it Now	
The Self-Pity Guy "I'm a Loser/Screw-up"	The Grateful Dude Wow, My Sobriety Has Given Me So Much	

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL

PLAN FOR THE DAY	
WHERE THERE IS	LET ME BRING
HATRED	LOVE
WRONG	FORGIVENESS
ERROR	TRUTH
DISCORD	HARMONY
DOUBT	FAITH
DESPAIR	HOPE
SHADOWS	LIGHT
SADNESS	JOY
INSTEAD OF BEING SELFISH LET ME BE	GIVING, UNDERSTANDING & LOVING TO ALL