Who Did I Harm ?	What did I do - or fail to do?	Which Part of self caused the harm?										What is the nature of my wrongs, faults, mistakes, defects?							What should I have done instead?
who was harmed by my conduct?	What did I do - or fail to do that caused the harm?	Self-will	Self Esteem- Ego	Emotional Security	Pocketbook - Material Security	Prid - Defiance - Independence	Self-pity	Self-reliance	personal Relationships	Social Ambitions	Sexual Ambitions	Financial Ambitions	Selfish	Self-seeking	Inconsiderate	Frightened/Fear	Lack of Self-discipline/Self-control	Playing God - Trying to control others	